

Swimarathon 2018

A Great Day of Swimming

Our next Swimarathon will be on the :

25th March 2018

This will be the eighth year of the Rotary Swimarathon. The swimmers start swimming at 08.30am and finish at 4.30pm.

Last year 38 teams entered with a total of 195 swimmers taking part, from primary school aged children to senior citizens.

Visit our website for application forms, sponsor forms and all details.

www.swimarathonlincoln.co.uk

Application forms are

being printed, but you can put the date in your diary and e-mail info@swimarathonlincoln.co.uk to request hard copies and to reserve lanes at your chosen time. Lane 1 is nearest to the viewing gallery.

Teams of up to 6 swimmers are allowed, although we have had solo swimmers in the past. Why not get a group of teams together from work and make it your own competition. However, the swimarathon is not a competition, it is all about fund raising and having fun.

It costs £10 per team to enter.

We would like to thank Yarborough Leisure Centre for their support and assis-

tance throughout the day. At all times, a minimum of three life guards are in attendance ensuring the safety of all swimmers. The pool is closed to the public, giving the swimarathon sole use of the facilities.

Sponsors

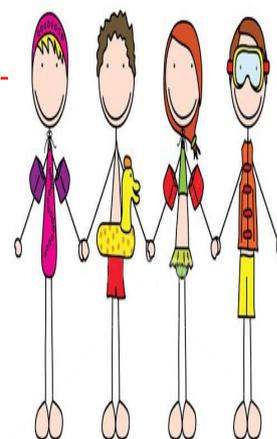
Is it possible for you or your company to help with the financial costs by sponsoring one of the swimming lanes at a cost of £50. Your name will be displayed at the swimming pool on the day of the swim.

Contact : moiraadams@btopenworld.com

The Rotary Club of Lincoln Colonia

Issue No.3

Newsletter Date
January 2018



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Who we are supporting 2018—The Growing Project

We will be raising money for two worthwhile groups who each work tirelessly to support children.

Located at the Cherry Fields, Cherry Willingham, The Oasis Project, incorporating The Growing Plot, has a mission to establish partnerships with agencies

to identify young people that would benefit from a calming environment to enable self discovery, create pathways to fulfillment and provide support throughout to young and disadvantaged young adults. This will be done by establishing an income gen-

erating enterprise where young people contribute and learn through gardening. A small team of experienced, committed volunteers are helping young people in self discovery and are supporting them on the path to a fulfilling future. For more information see www.worthunlimited.co.uk

Rotary International Foundation 'End Polio Now'

Our second group that we are supporting is the Rotary International Foundation Global Polio Eradication Initiative. This initiative was started nearly 30 years ago and since then the incidence of polio has plummeted by more than 99.9%. To sustain this progress and protect all children from polio, Rotary has committed to raising US\$50 million dollars per year over the next three years in support of global polio eradication efforts. The Bill and Melinda Gates Foundation will match Rotary's commitment 2:1. Without full funding and political commitment, this paralyzing disease could return to previously polio-

free countries, putting children throughout the world at risk.

About Rotary: Rotary brings together a global network of volunteer leaders dedicated to tackling the world's most pressing humanitarian challenges. Rotary connects 1.2 million members of more than 35,000 Rotary clubs in over 200 countries and geographical areas. Their work improves lives at both local and international levels, from helping families in need in their own communities to working towards a polio-free world.

Visit endpolio.org for more about Rotary and its efforts to eradicate polio.

Find your sponsors: Please start talking to friends and family to secure your sponsors. Remember this is a fund raising swimathon. The aim is to raise funds. The £10 per team entry fee helps to cover our costs, but it is the sponsorship money that you raise that is given to our chosen charities. The more you raise as individuals and teams the more we are able to help.

Thanks to the following sponsors:

Ambitions Personnel

Streets & Co

Duncan & Toplis

Midas Independent Financial

Lagat—Recruitment and Training

Tiger Hire

Who we supported in 2017—Kids Strut, Lincolnshire

We were very pleased to raise a total of £2,805 for Kids,Strut Lincolnshire for which Philip Greenwood of Kids Strut, Lincolnshire responded:-

"Your organizations commitment to helping disable children in our community is greatly appreciated by those who work with them and, most importantly, by those who benefit from our services. Thanks to sup-

porters like the members of the Rotary Club of Lincoln Colonia, Kids Strut, is able to continue offering afterschool clubs, activity days and residential breaks, supporting disabled children and young people from the age of 8 up to 19 years old by providing them with access to social and leisure opportunities. None of this would be possible without your support. Your gift will make

a significant difference to the services we are able to offer in 2017—for example it could pay for over 50 hours of 1:1 support or allow 40 children to enjoy a fun and care free activity day."

Thank you to each and everyone who swam in the 2017 swimathon and helped raise these valuable funds.

NHS Trust—Children's Specialist Palliative Care Team

The NHS Trust—Children's Specialist Palliative Care Team also received an amount of £2,805. Jo London responded:

"Thank you for everyone's support. The children within the Lincoln area will benefit from this lovely donation as we provide palliative care for children and young people with life-limiting conditions through an active and total approach to care, from the

point of diagnosis or recognition throughout the child's life, death and beyond. We embrace physical, emotional, social and spiritual elements and focus on enhancement of quality of life for the child/young person and support for the family, including the management of distressing symptoms, provision of short breaks and care through death and bereavement."

A big thank you to all our swimmers. We couldn't have done it without you.

Lets smash our previous records and do even more in 2018!!